



An Evening with the Important Young Person in Your Life

Let's face it; it's more difficult than ever to be a teen - and the parent of one. Maintaining open and honest communication about drugs and alcohol is one of the biggest hurdles. Just like other decisions they make, young people want to know the facts, thus providing them with age-appropriate information is a key component in prevention. Join expert Ray Lozano, who has educated thousands of students nationwide, and is able to convey substance use information in a way that young people really understand.

Three-part dinner series for teens ages 11 - 15 and parents.

**Laguna Beach Susi Q Senior Center • 380 3rd Street • Laguna Beach, CA 92651
\$45 per family for all three sessions**

1 Why do we make young people wait until 21 to drink alcohol?

Tuesday, January 23 • 6:15 to 8 p.m.

A young person's body does not cope with alcohol the same way as an adult's. Learn the physical risks of teen drinking along with strategies to guide your teen toward a healthy lifestyle.

Expert Instructor:
Ray Lozano

2 The vulnerable teen brain and the influence of media.

Tuesday, January 30 • 6:15 to 8 p.m.

Learn why the teen brain is more vulnerable to addiction, and the clever techniques that advertisers use to influence teen behavior and buying decisions.

Expert Instructors:
Ray Lozano and Marci Mednick

3 What do you and your teen need to know about marijuana?

Tuesday, February 6 • 6:15 to 8 p.m.

Although, highly marketed as "natural" marijuana is particularly dangerous for the teen brain. Learn about the potency of today's marijuana and how it impacts academic and athletic performance.

Expert Instructor:
Ray Lozano

To register or to request a scholarship call **(949) 464-6645** or email Lagunabeachcity.net. For more information contact Marci.mednick@stjoe.org or at **(949) 499-7292**.

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